

A newsletter for Emerson Unitarian Universalist Chapel  
A liberal religious voice in West St. Louis County [www.emersonuuchapel.org](http://www.emersonuuchapel.org)

## KRISTA'S CORNER

MINISTER'S NOTES FROM REV. KRISTA TAVES

"Spirituality" has been a buzz word in North American culture for at least the last four decades. It has been used to distance oneself from being "religious." It has been used as a catch-all phrase for a sense of well being. Sometimes spiritual practices have been used to escape from the rigors of life. Sometimes spirituality has become the taking of non-European forms of religion and spirituality and remaking them so that they fit into North American cultural norms. And yet, for all these misuses of spirituality, true spiritual practices have the potential to take us deep into life itself, into all its paradoxes and our place in them. In theistic terms, you could say true spirituality takes us into the heart of God.

I will readily admit that I have used spirituality as an escape from the "real" world. When life became too painful, the spirituality I practiced was a momentary salve to unhealed wounds. In the end it wasn't enough. I didn't need temporary relief. I needed true healing. I have come to believe that true spirituality is a long slow process of becoming whereby we bring ourselves into alignment with our highest values and the deep-

est echoes of life itself, that some call God.

Spirituality is a discipline that all of us can enter. There is no need for fancy props, special music, or gurus that promise it all. Spiritual discipline is something to walk with in the ordinariness of our days, something that, bit by bit, opens us. It expands who we are and what we can be. It slowly peels away those things we insist on distrusting. It gently shows us how to love in new and more authentic ways.

This month will focus on a sermon series titled "Spiritual Liberation." It is based on the work of Mexican mystic Don Miguel Ruiz who explores ways to free ourselves from self-limiting beliefs that cause suffering on a personal and collective level. His path is not always an easy one, but it is filled with promise – the promise of reconciliation with ourselves, others, and with God, and quite possibly, the promise of deep healing for our world. I'll be focusing on three agreements that he offers as a path to liberation: being impeccable with your word, not taking things personally, and not making assumptions.

In this issue:

- [Linda's Lines](#)
- [Calendar](#)
- [Report from GA](#)
- [Money Matters](#)
- [Covenant Groups](#)
- [RE View](#)

### Rev. Taves Office Hours

Available by appointment:

- Aug. 5-10: We Th Sa Su
- Aug. 11-17 We Th Sa Su
- Aug. 19-24 We Th Sa Su
- Aug. 25-31 Tu We Th

**Pastoral Care** For regular or emergency pastoral care, please contact the Care and Concern Committee through the Church Office ([office@emersonuuchapel.org](mailto:office@emersonuuchapel.org) or 636.256.7393).

**New Service Time!**  
All Services begin at  
10:00 AM  
Summer and Fall

## LINDA'S LINES

### President's Notes from Linda McAffrey

At General Assembly I attended two plenary sessions on "Breakthrough" churches. As I sat watching I kept thinking what would it be like to be there on Sunday mornings? Do they worry about whether the snow got shoveled after a couple of inches fell unexpectedly overnight or, if the all of the church deposits got made or, whether there are enough teachers and assistants for the RE? Does it always run as smoothly and look as perfect as it did in the videos?

Then I came back to the real world and looked around the hall...almost 3000 UU's engaged in all sorts of discussions. There is no way it is perfect every Sunday morning. Just as with us... every Sunday morning is not ever going to be perfect. We are a group of individuals who have joined in a covenant to be together in an honest and loving relationship as we travel our spiritual path. It is that individual part that tends to create challenges for us sometimes.

I look forward to exploring some of these ideas with you this year. What are our expectations of the chapel? What do we expect to get from our relationship and what to we plan to give to the relationship. I hope we think about what it means to be stewards of Emerson. No matter what path you choose to follow it comes with commitments as well as the gifts we receive from being together.

We could choose to use the gifts we bring to Emerson on any number of other things...yet, we choose to bring them here...why? So Sunday morning, or a Monday committee meeting or a Thursday covenant group will never be perfect and I'm fairly certain those "Breakthrough" congregations aren't perfect...but, maybe this next year we will breakthrough to whatever we will be next in our journey!

Standing on the side of love,

Linda McAffrey



**Linda McAffrey:  
Introducing Emerson's  
New Board President**

- ▶ Grew up around the West, graduated high school in Manitou Springs, CO
- ▶ BS from Embry Riddle Aeronautical University in Professional Aeronautics in 1980
- ▶ Served 8 years in the US Navy as an Air Traffic Controller, honorably discharged in 1984.
- ▶ Began work for the Defense Mapping Agency in 1984 as Aeronautical Analyst. Still working there, now called National Geospatial Intelligence Agency
- ▶ Worked for seven years next to Dorothy Newell, who introduced her to Emerson.
- ▶ Has served on Board and previous Board President in the 1990's.
- ▶ Served as treasurer and president of the Continental UU Women's Federation
- ▶ "Barb and I have been together since late in the year of 1994. We live in Glencoe (that's really Wildwood) for the last three years with our herd of four rescue kitties and our two long-haired dachshunds

## BETH'S DESK

Chapel Administrator's  
Notes - Beth Harmon

### Office Hours

**New Hours JN-JU-AU:**  
**M,Tu,Th,F: 8-12**

In May this generous congregation raised a total of \$311.05 for St. Louis Habitat for Humanity.

Beth is requesting that members and friends keep her updated of their current phone, address and e-mail as these change, so they will be ready for the next update of the Chapel Directory.

Beth can be contacted by calling the chapel office at: 636-256-7393 or by e-mail at: [office@emersonuuchapel.org](mailto:office@emersonuuchapel.org)

### **Emerson Emissary**

Serving the members and friends of Emerson Unitarian Universalist Chapel. Editor: Tom Kibby

**All submissions are due by the 18th of each month. All groups are requested to send their meeting notices monthly to ensure their accuracy.** Send to: [newsletter@emersonuuchapel.org](mailto:newsletter@emersonuuchapel.org)

Published by:  
Emerson Unitarian Universalist Chapel  
73 Strecker Rd.  
Ellisville, MO 63011  
[emersonuuchapel.org](http://emersonuuchapel.org)

a nonprofit organization incorporated under the laws of the State of Missouri and a member of the Central Midwest District of the Unitarian Universalist Association of Congregations  
[cmwd-uua.org](http://cmwd-uua.org) and [uua.org](http://uua.org)

To be removed from our mailing list, please call the chapel office or drop an email to the administrator at

## Engaging Our Theological Diversity

A New Adult Religious Education Course  
Offered by Rev. Krista Taves

In 2005, the Unitarian Universalist Association published "Engaging Our Theological Diversity." This groundbreaking study, written by a team of Unitarian Universalist ministers and lay people, is the result of several years of deliberation, discussion and dialogue in Canada and the United States, and in congregations from coast to coast. It explores Unitarian Universalism at its deepest level, and seeks to hold up what unites us, even as we remain committed to diversity.

This nine-session course will take participants on a journey through Unitarian Universalism's theological landscape and towards the religious values that weave its outward diversity into a unified whole. The class meets on average two Thursdays a month from 7 – 8:30 p.m.. Preparation for each session includes 15-30 pages of reading and 15-20 minutes of journaling.

Copies of "Engaging our Theological Diversity" can be purchased at [www.uuabookstore.org](http://www.uuabookstore.org) or downloaded free of charge at <http://www25.uua.org/coa/TheoDiversity/EngagingOurTheoDiversity.pdf>

This course is equally suited to long time Unitarian Universalists and those new to Unitarian Universalism.

The following is the schedule and topic for each session:

Session 1 – September 18  
Framing the Question: What Holds Us Together?

Session 2 – October 2 History: Where Do We Come From?

Session 3 – October 16 Culture: Who Are We?

Session 4 - November 6 Values: To What Do We Aspire?

Session 5 - November 20 Theology: How Do We Frame the World?

Session 6 - December 4 Worship: How Do We Celebrate?

Please register for this course through the Church Office. ([e-mail here](#))

Registration deadline is September 12th. New registrants will be accepted once the course has begun (please contact Rev. Taves)

---

### **UU's Respond to Tragedy in Knoxville:**

Learn how UU's express their grief and support for TVUUC at this link:

[http://cmwd-uua.org/content/index.php?option=com\\_content&task=view&id=204&Itemid=2](http://cmwd-uua.org/content/index.php?option=com_content&task=view&id=204&Itemid=2)

## Report from General Assembly

**HOT! HOT!! HOT!!!—Did We Say, “Hot!”?**

### **A GA in South Florida in the summer: Who signed UUs up for that?**

Opening ceremony as always was upbeat and filled with all the banners of the congregations attending. Barb uploaded pictures to her Facebook page (GA08) and you can see her “photo diary” of events, including the banner parade. The opening ceremony ended with a cantata written by the Revs. Jason Shelton and Kendall Gibbons (with rap provided by a youth!) that echoes our seven principles.

The Service of the Living Tradition recognizes those ministers who have died in the last year, those who have completed their service (retired), those entering ministry, and those, like Rev. Krista, who have completed their final fellowship and have earned full credentials as a minister. Rev. Krista wore the stole which Emerson women (marshaled by Sally Armontrout) hand-made for her. (see photo) The charge to the newly fellowshiped ministers was shadowed by the song “Would You Harbor Me” and this call to do more than ourselves is echoed on Sunday mornings by Rev. Krista.

The business of our association is done in meetings, called Plenaries, and this

year the Study Action Item passed calls us to Ethical Eating (see <http://www.uua.org/socialjustice/issuesprocess/currentissues/55648.shtml> for more information). Additionally, six Actions of Immediate Witness were passed: End Present-day Slavery in the Fields; Extend the Tax Credit for Wind and Solar Power; Oppose a U.S. Attack on Iran; Oppose the Florida and California “Marriage Protection” Initiatives; Raise the Federal Minimum Wage to \$10 in 2010; and Single Payer Health Care. If you would like to know what you can do for any of these issues, point your browser to the UUA Washington Office website at [www.uua.org/socialjustice/issues/index.php](http://www.uua.org/socialjustice/issues/index.php).

On a great note, our association is solvent, and for the last three years, Beacon Press (the UU publishing house) has made money. Finally, there are workshops, meeting up with long-time UU friends, and making new friends, and the 19-hour drive home done in one day. A copy of all the business reports is available in the administration area on the credenza. Please look it over and leave it there for the next person to read.

*Respectfully submitted,  
Barb Brown and Linda  
McAffrey  
Emerson UU Chapel Delegates, GA08*



### **Congratulations to Rev. Taves!**

Our minister Rev. Krista Taves was recognized at the UUA 2008 General Assembly for having completed her final fellowship. She has now joined the ranks of fully credentialed Unitarian-Universalist ministers. She is pictured above at the recognition ceremony, The Service of the Living Tradition, held June 26, 2008, in Ft. Lauderdale, FL

## TREASURY NOTES

### FY08-09 Pledges and Budget

Our fiscal year has begun, and if you have direct deposit or use a credit card to pay your pledge, remember that we need a new form completed and given to Beth in the office so that she can change your amount. We need written proof that we can change the amount for you.

We are already working with the chair of audit (Susan Bell) for producing reports for the annual audit.

Finance Committee will meet in August to review procedures which still remain to be documented, and decide how these will be done. Also, to make recommendations for new procedures to insure our financial security.

Finance Committee's current members are: Barb Brown (Treasurer), Krista Taves (minister), Leigh English (President-elect), Susan Stafford (Immediate Past President, since Linda McAffrey will not have financial duties this year), Peggy Collwell (Assistant Treasurer), members-at-large: Russ Saphian and Dwight Miller. Additionally, when appropriate office manager Beth Harmon will attend. This committee would love a (one or two) new members-at-large, if you are interested, please let President Linda McAffrey know of your interest ([president@emersonuuchapel.org](mailto:president@emersonuuchapel.org)) or send the treasurer

## MONEY MATTERS

AS OF JUN 30, 2008

<b>Account Balance Comparison</b>	<b>6/30/2008</b>	<b>6/30/2007</b>
Schwab Account	\$16,823	\$10,245
Savings Account	\$337	\$18,098
WestBridge B&T (opened 11/07)	\$10,503	-
Checking Account	\$9,854	\$11,658
<b>TOTAL ALL ACCOUNTS</b>	<b>\$28,201</b>	<b>\$39,999</b>

an email to ask about what we do and how much time it takes (see below).

It is helpful to pay your pledge monthly so that we have a constant stream of funds to pay our bills. Each month, I place a copy of the financials provided to the board in the book on the credenza in the administrative area. Additionally, I publish actual account balances in the newsletter. If you have any questions about our budget, about how our budgeting process works, anything about our finances, please stop treasurer Barb Brown on Sunday. She can often be found in the chapel office, immediately after service.

*Respectfully,*

*Barb Brown, Treasurer*

[treasurer@emersonuuchapel.org](mailto:treasurer@emersonuuchapel.org)

### Accounts Explained:

- Schwab contains endowment fund, used when stocks donated to Chapel
- Savings contains the Ministerial Benefit Fund which receives special gifts
- WestBridge contains funds for building deferred maintenance and grocery certificates
- Checking is for routine expenses

### July 1 Marks Start of New Fiscal Year

Remember if you paid ahead during last year's fund raiser or increased your pledge this spring (Thank You!), the time to begin the new fiscal year monthly pledge payments is July 1

## New Covenant Group is Forming

A new group is forming which will explore the UU Seventh Principle and how it applies to our individual lives and how we live them out. Members of this group will be asked to commit to one meeting a month (now planned for Sunday, but open to another day) and one activity a month (e.g., working at Circle of Concern and in alternating months perhaps Green Sanctuary). The convener, Barb Brown, has ideas, but is open to others.

An exploratory meeting will be held after service on August 17, 12:15 PM at Emerson in the large classroom or in the sanctuary. Our seventh principle calls for affirmation and promotion of respect for the interdependent web of all existence.

Can't make the meeting, but are interested? Contact Barb Brown at [treasurer@emersonuu.chapel.org](mailto:treasurer@emersonuu.chapel.org).

# COVENANT GROUPS

## Small Group Ministry at Emerson

### Living the Journey Covenant Groups

In our Living the Journey Covenant Groups, discussion begins with a reading that will bring up some topic of spiritual significance, and then it will go where it will! The topics will bring up different religious viewpoints, and give each person a chance to talk about their personal response to that topic. Each group meets with a facilitator who keeps the discussion loosely focused, and pays attention to building group trust and caring. To contact a facilitator for any group, please contact the [chapel administrator](#) (except Caregivers).

- **The Spiritual Journey** meets at Emerson Chapel the first Thursday of the month from 7-8:30 P

- **Living the Journey at Emerson** will meet first and third Tuesday at 6:30 at the Chapel.

- **Living the Journey St. Charles** meets in a private home in St. Charles County one Saturday a month. If you are interested in this group, please contact our Minister for information.

### Topical Covenant Groups

Emerson's other covenant groups use the same general format as the Living the Journey Covenant Groups, but the subject matter is more defined.

#### Topic: Caregivers

This group welcomes all who are in a caregiver roles. The purpose is to build relationships with other caregivers, to explore beliefs and values, and to provide a safe place for caregivers to share their fears and frustrations. The group meets third Wednesdays at 7:30 PM in a member's home. Contact the facilitator at [caregiver@emersonuuchapel.org](mailto:caregiver@emersonuuchapel.org)

#### Topic: Men

**Men's Group** is open to all men members and friends of the Chapel

#### Topic: Women

- **M&Ms**(Mindful Midlifers) meets at a member's home on 2nd and 4th Mondays from 7:00 - 9:00 PM

- **Wise Women** covenant Group meets on the second and fourth Tuesdays of the month 1:30 - 3:30 PM. Please contact Nancy Russell for more information.

## RE Sunday Schedule

Our Sunday schedule:

- 10:00 – 11:00  
Worship hour
- Younger children leave sanctuary about halfway through, for Children’s Chapel in the Hearth Room.
- 11:00 All-church social time, coffee and snacks available
- 11:15 – 12:15 Religious Education hour for young people preschool – high school
- 11:30 – 12:15 Adult Religious Education “hour”
- See our Web page for more details;  
<http://www.emersonuuchapel.org/education.shtml>

## RE View

**Lauren Lyerla**  
Director of Religious Education

Dear Emerson Families

We’ve made many changes in our plans for this fall, so please read carefully to stay informed!

First – We are starting back with full worship services every week in August (instead of waiting until after Labor Day, as we have done in the past). OUR NEW WORSHIP TIME IS 10:00AM! As we did last year, we will have all the young people in the sanctuary for the first part of the service, and then the younger children (usually 5<sup>th</sup> grade and under) will exit with me for Children’s Chapel in the Hearth Room part-way through. Middle and Senior High Youth generally stay in the sanctuary for the full hour. Our Religious Education classes will start up again on September 7. Classes will be held from 11:15 to 12:15, and our most likely age breakdowns (though this depends to some degree on the families that register and the ages of their children) will be as follows:

- nursery with paid childcare for birth to 3 years old
- Preschool
- Kindergarten - 2<sup>nd</sup> grade
- 3<sup>rd</sup> – 5<sup>th</sup> grade
- 6<sup>th</sup> – 8<sup>th</sup> grade; and
- 9<sup>th</sup> – 12<sup>th</sup> grade

Secondly – When RE Classes do start again, they will be structured a bit differently than we have done in the past. If your family has been attending Emerson for a few years or more, you may know that we have followed a “rotation model” with our curricula: a year of UU identity, history and values, followed by a year of World Religions, followed by a year of Christian and Jewish heritage. Starting with the 2008-09 church year, however, we are moving to a “pillar model,” in which each year will contain units of all three of those pillars, with community service projects woven throughout. We will start with a unit on Unitarian Universalism, then study a little about other religions and how they have informed our faith. In the second semester (starting mid-January) we will take a look at the Jewish and Christian heritage from which Unitarian Universalism developed, and we will close the year with another unit on UUism. I believe this new structure will help all our young people develop a stronger sense of Unitarian Universalism and its history and context, which will then be reinforced year after year.

*In peace,  
Lauren Lyerla  
Director of Religious  
Education*

## GREEN THOUGHTS

If you are like me, you have been looking for some ways to cut costs as fuel prices rise. Here are some suggestions on ways to cut your fuel costs this summer.

Make sure your car is properly tuned—change the oil, check the hoses and filters, keep tires properly inflated. An out of tune car can use up 10% more gas. Use public transportation if you can (it is amazing how much a good book helps the commuting time pass). If public transportation is not an option, look for people to car-pool with. I have found two other people who live near me who work in my building. We rotate who drives. I can tell the difference in the frequency with which I have to fill up my car. When you drive, slow down, don't accelerate as rapidly, and brake more slowly. See if you can work from home more. Of course, the biggest step involves working closer to where you live and buying more energy efficient cars. The market for hybrids and other smaller cars is booming and higher gas prices have resulted in decreases in SUV production. Improvements in fuel cell technology will also help recoup the cost of hybrids more quickly.

*Susan Stafford*

## MINUTES OF BOARD OF TRUSTEES EXECUTIVE COMMITTEE

July 20, 2008

1 - We discussed a new cleaning service for Emerson. Our previous provider quit when we asked them some questions about things that were not getting done. As a result Beth found three companies willing to provide service to us. Prices have gone up from what we previously paid. Upon the recommendation of Beth and Stan, in his role as the Building Committee Chair, we will be signing a contract with Paula's Cleaning Service. Here is the one sticking point: they will only clean every other week if we are to stay within our budget. I am asking Stan to provide us with a plan to meet the needs of the chapel when we have weddings or other special events. Thanks Stan. Note the new cleaning service started this week and they did a great job.

2 - The air conditioner that takes care of the main floor of the old building has died after 19 years of faithful service. Anyone who has been in the building lately knows this and we need to get it fixed by Homecoming Sunday. The treasurer is checking where we may have money. Stan is working with Beth to get several bids to start this process and hopefully get it moving.

UPDATE: The A/C has been replaced and the Hearth Room is cool again. We are working on the odor issue.

3 - Barb went over where we stand with our finances and a couple of other issues. First, we are now in the new fiscal year and we are meeting our obligations. We will have a final FY08 report in mid-September per the by-laws. This process includes the Audit Committee so we will have a clear picture of last year. At our August meeting we will have updates thru the end of July. Lastly, Barb thinks we may have a solution to the QuickBooks issue and our profit and loss statements. Barb and Beth are meeting this week to see if they can resolve the issue with a workaround.

4 – Leigh English will be serving on the Finance Committee.

Full Board meeting is scheduled for August 17 at 12:30.

*Submitted  
Linda McAffrey, Board  
President*

# This is Why I Joined Emerson!

## New Classes and Celebrations Coming This Fall

### Men's Spirituality Workshop

A five-session workshop in October open to all male members and friends of Emerson Chapel  
WHEN: Wednesday evenings 7:00---9:00 p.m., October 1, 8, 15, 22, 29  
WHERE: Emerson UU Chapel Hearth Room

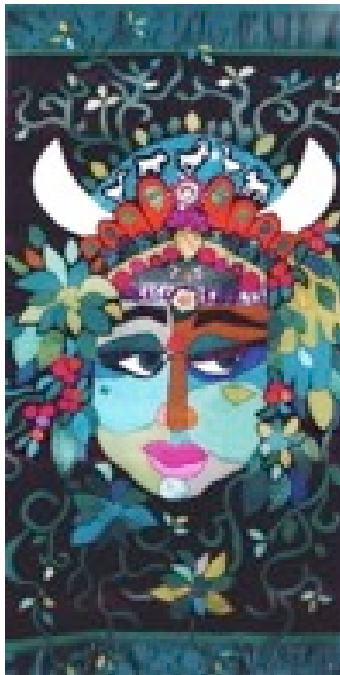
Join us as we live the questions:

- What are our needs?
- How do we live each day to get these needs met?
- What keeps me as a man from getting these needs met?
- Why are so many women and men really alone and / or lonely?
- What does it mean to be "a really nice guy...but"?
- What is the illness with no name? What does it mean to us as men to engage our archetypal energies of warrior, lover, magician, and king?
- Who and what are we waiting for?

Facilitator: Maury Boehmer is a friend of Emerson UU Chapel, and member of New Awakenings Community and has given various workshops, seminars, and adult education programs in the St. Louis area. He holds graduate degrees in Theology and in Culture and Spirituality and has

taught at the university level.

For additional information and for registration, contact Maury Boehmer  
Phone: 636-256-9067  
Email: [MAGB324@aol.com](mailto:MAGB324@aol.com)



### Cakes for the Queen of Heaven:

A Feminist Theology Curriculum for Women

This five part series will be offered this fall at Emerson Chapel. Beginning September 10th, we will meet every second and fourth Wednesdays at 6:30 PM. To register, contact Mary Fogarty, facilitator, at: [Cakes@emersonuuchapel.org](mailto:Cakes@emersonuuchapel.org)

Background information also at:

<http://www.cakesforthequeenofheaven.org/>

### Guest Orientation

following worship August 10.

This is an informal orientation to Emerson Chapel. This short session is designed for our visitors to meet Rev. Taves and ask her questions about our church. Whether you are new to our chapel or have been attending for a while, you are welcomed to attend. The class will be held in the large main floor classroom

### Wednesday Night Vespers

Emerson is offering a new monthly worship service with a focus on spoken and meditative prayer. The service will begin at 7 p.m. in the sanctuary and will last 30 to 45 minutes, followed by fellowship time. Childcare will be provided. You are welcome to bring snacks to share during the fellowship time.

### Engaging Our Theologic Diversity

Rev. Taves  
([see page 3](#))

## A Month of Sundays

**New Service Time!**  
All Services begin at  
10:00 AM  
Summer and Fall

### **August 3 – “Spiritual Liberation I: Let Your Yes Be Yes and Your No Be No.”**

Rev. Krista Taves.

This is the first in a three-part sermon series inspired by the work of Mexican mystic Don Miguel Ruiz. Ruiz delves into Ancient Toltec mysticism to reveal the self-limiting beliefs that job us of joyful and generous living. His purpose in life has become to help humanity free itself from those beliefs. This Sunday we will focus on the most important source of freedom, being impeccable with your word.

Musicians: Kevin and Theresa Horth and friends

### **August 10 – “Spiritual Liberation II: Who’s Responsible?”**

Rev. Krista Taves.

How often are we blamed for another’s pain? How often do we blame others for our own unhappiness? In this second sermon in our spiritual liberation series, we will explore how we burden others and ourselves by taking things personally. What possibilities emerge

for ourselves and our justice-hungry world when we free ourselves of this self-limiting belief?  
Musician: Ernie Hays, Piano

### **August 10th Guest Orientation:**

following worship. This is an informal orientation to Emerson Chapel. This short session is designed for our visitors to meet Rev. Taves and ask her questions about our church. Whether you are new to our chapel or have been attending for a while, you are welcomed to attend. The class will be held in the large main floor classroom.

### **August 17 – “Spiritual Liberation III: From Hell to Heaven”**

Rev. Krista Taves.

According to Mexican mystic Don Miguel Ruiz, we human beings tend to see what we want to see and hear what we want to hear. Our blindness and the judgment that comes from it creates hell on earth. In the final sermon in our spiritual liberation series, we will explore how to withdraw from making assumptions and look into our own hearts and out at the world with fresh eyes and an open heart. In other words, we’ll be exploring how to walk out of hell and into heaven.

Musician: Ron McGowan, Piano

### **August 24 – “Work and Worth”**

Rev. Krista Taves.

In our work-oriented society, much of our identity and sense of worth comes from what we do for a living. The relationship we have with our work is deeply spiritual and many layered, and has deep consequences for our well-being and the well-being of our brothers and sisters. We’ll be exploring the connection between work and worth in honor of Labor Day.

Musician: Steve Coenan, Tenor

### **August 31 – “Transformation”**

Dr. Kathleen Nigro

Kathleen will explore the concept of transformation, how it is a natural process, and how, if we work toward understanding what is essential to our growth, we can learn to appreciate the nourishment of the present moment. Her talk will be based on the four life stages of butterflies, and the images of metamorphosis in poetry and prose.

Musicians: Kevin and Theresa Horth and friends

# August

Sun	Mon	Tues	Wed	Thur	Fri	Sat
31 Service 10AM Dr. Kathleen Nigro					1	2
3 Service 10AM Rev. Taves	4 7P* Womyn's Web	5	6 7P Men's CG	7 7P Spiritual Journey CG	8	9
10 Service 10AM Rev. Taves	11 7P* M&Ms CG	12 1:30-3:30P* Wise Women	13 Finance Cmte 7PM	14	15	16
17 Service 10AM Rev. Taves  New Covenant Group  Board 12:30	18	19 6:30P Living the Journey-Emerson	20 7P Men's CG 7:30P* Care-giver's CG	21	22	23
24 Service 10AM Rev. Taves	25 7P* M&Ms CG	26 1:30-3:30P* Wise Women	27 Wednesday Vespers 7PM Rev. Taves	28	29	30

All events occur at Emerson unless noted with an \*  
 Child care may be provided to any Emerson Sponsored event, please call the Chapel office.  
 Confirm with Covenant Group (CG) leader for meeting location and time.

# EMERSON EMISSARY

Congregation established 1994

A newsletter for Emerson Unitarian Universalist Chapel

A liberal religious voice in West St. Louis County

73 Strecker Rd. Ellisville MO 63011

636.256.7393

<http://EmersonUUChapel.org>

[office@emersonuuchapel.org](mailto:office@emersonuuchapel.org)



## OFFICERS

President

Linda McAffrey

VP/Program Council

Nancy Russell

President-Elect

Lee English

Secretary

Rebecca Langrall

Treasurer

Barb Brown

Assistant Treasurer

Peggy Colwell

### **New Service Time!**

All Services begin at

10:00

Summer and Fall



Emerson Unitarian Universalist Chapel  
73 Strecker Rd  
Ellisville, MO 63011